

# Youth horizons

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Vishwa Yuvak Kendra

Quarterly Newsletter

## Foreword

It is heartening to inform all that the first quarter of the year 2019 began on a grand note and the momentum of the first programme carried through the entire quarter.

During the quarter, three mega in-house programmes were organized by VYK, including Youth Festival and Women's Day, wherein more than 300 participants attended each programme. Through such mega programmes, VYK often provides an opportunity to underprivileged youth to showcase their cultural and oratorical abilities.

The quarter also was highly successful on the state-level front, wherein 20 programmes were organized in all parts of the country. What was inspiring was the fact that during the quarter, programmes were also organized in the North Eastern states of Assam, Mizoram and Meghalaya, which drew encouraging response from the participants. Through the state level programmes the Kendra focused on subjects like Agro Entrepreneurship, Panchayati Raj, NGO Management, WASH, Water Resource Management, Disaster Management etc. Three programmes were also organized as a part of VYK's Institutional Tie-up. While state level collaborative programmes are primarily aimed at developing a strong partner network across the country, institutional tie-ups are organized with an objective to develop a strong volunteer base among students and young social work trainees.

Community level intervention activities were also undertaken during the quarter, where VYK team organized awareness generation programmes on water, sanitation, hygiene, literacy etc., besides its regular health camps in the community.

Apart from its regular activities, VYK organized a career counselling programme for the benefit of school students, wherein they were advised on the various career options they could opt for, after completion of their schooling. A similar programme was also organized in Ambedkar College, New Delhi, wherein VYK Team sensitized the participants on the future prospects in the Social Work sector and the likely difficulties that one may face in the same. The programme was an attempt to make the young aspiring social workers ready for the real world.

We are happy to share that the first quarter went as per our expectations as we were able to organize good quality programmes in campus. The team was also able to organize highly successful collaborative programmes with the support of our state level partners. It is hoped that we would be able to carry forward the momentum of the quarter into the remaining months and are able to make our contribution in the nation building process.



**Uday Shankar Singh**  
Chief Controller

## In-house Programme

### “Youth Festival”

11 - 12 January, 2019

To commemorate the auspicious occasion of 156th Birth Anniversary of Swami Vivekananda Ji, Vishwa Yuvak Kendra organized the “Youth Festival” from 11 to 12 January, 2019 in Delhi. Distinguished dignitaries present in inauguration were comprised of Swami Tadbhasanand Ji, Rama

The festival was full of deliberations and thought provoking panel discussion to stimulate the participants led by a pool of eminent resource parsons. Special feature of programme was to highlight the glorious heritage and culture of our country through organizing the rich cultural performances.



A group photograph of the participants

Krishna Mission as the Chief Guest, The Padma Bhushan awardee Dr. S N Subba Rao, Founder, National Youth Project as Guest of Honor, Shri S S K Pradhan, GM, RBI, Prof. S V Eswaran, Scientist and Shri Amit Rana from RBI. They offered deep homage to Power-House and Youth Icon of the World Swami Vivekananda Ji.

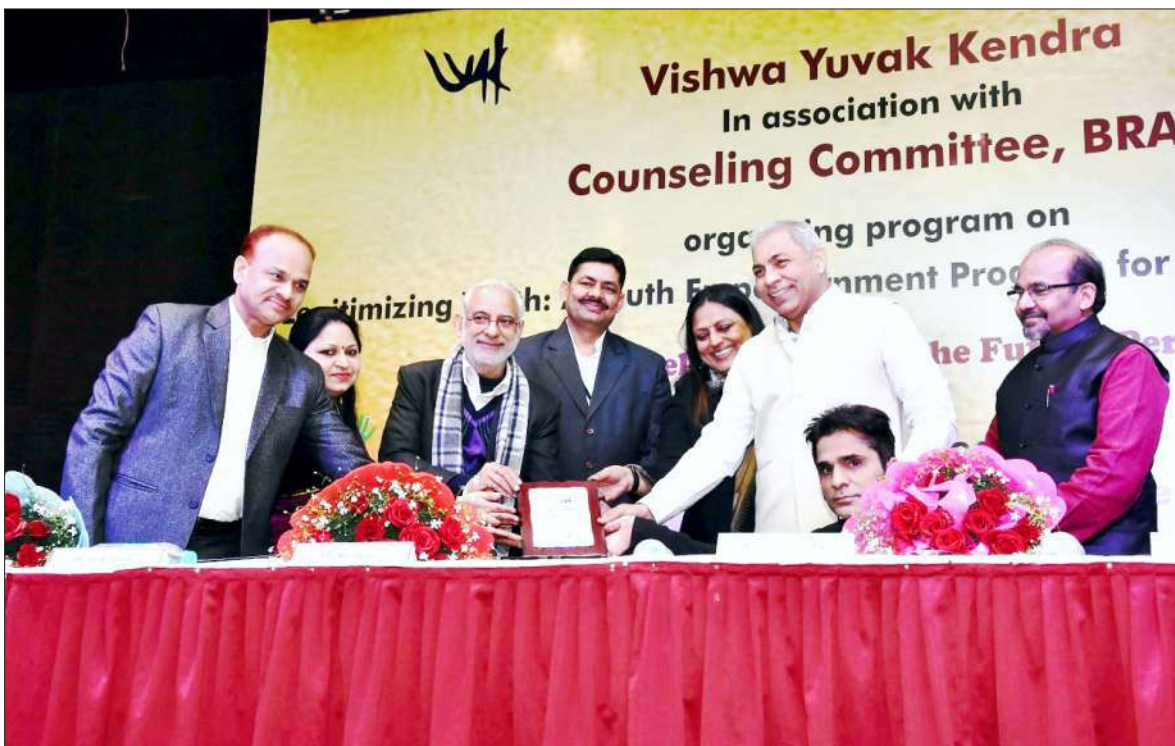
Besides, a Kavi Sammelan was also organized by some famed poets consisted of Shri Gajendra Singh Solanki and Shri Radhakant Pandey along with others. They engrossed the participants with their effective poetic articulation. A total of 300 participants from NGOs/VOs and students from few states enthusiastically participated in the Youth Festival.

## Legitimizing Youth: A Youth Empowerment Programme for Social Work Aspirants on “Improving Self-Efficacy for the Future Perspective”

16 January, 2019

Self-efficacy plays a key role to meet various challenges in sector of Social Work and Development of our society. With purview in mind, Vishwa Yuvak Kendra in collaboration with counseling committee, B R Ambedkar College, University of Delhi organized a daylong programme on Legitimizing Youth: A Youth Empowerment Programme for Social Work Aspirants on “Improving Self-Efficacy for the Future Perspective” on 16 January, 2019 at VYK campus in Delhi. Shri Navin Gulia, Ex-Army Officer, Motivational Speaker and Author was the Chief Guest and Shri Ravi Kalra, Founder, Earth Saviours Foundation was Guest of Honor of the seminar. Distinguished dignitaries inaugurated the seminar and delivered their general motivational addresses and inspired the participants.

Besides, other eminent speakers comprised of Shri Sudhir Kumar Sinha, Founder, CSR Satyagraha, Dr. G K Arora, Principal, B R Ambedkar College and they motivated the social work aspirants through their inspirational addresses on various aspects of self-efficacy. Dr. Richa Chowdhary, Dr. Deepsikha Chowdhary and the students from B R Ambedkar College contributed their level best for effective implementation of the seminar. This seminar was full of thematic thought provoking panel discussions and deliberations. The sessions taken during programme were informative and interactive. In all, 200 students from several Institutions enthusiastically participated in the seminar.



Dr. G K Arora, Principal, B R Ambedkar College is being felicitated

## Workshop on “Women Trafficking: Challenges and Strategies to Handle the Menace”

07 February, 2019

Growing human trafficking is a threat in our country. Approximately 20,000 women and children were victimized of human trafficking according to Government data in 2016. Some of the major causes of human trafficking are poverty, uneven employment, gender discrimination and unsafe traditional and cultural practices in our country. With this opinion, Vishwa Yuvak Kendra organized a daylong workshop on

A pool of eminent resource persons comprised of Members of National Commission for Women, Delhi Commission for Women, Delhi Commission for Protection of Child Rights highlighted the key thematic aspects and urged for carrying out many activities especially in educating and training people at the National, State and Community levels. Former M P, Legal Professionals, Development Professionals,



A group photograph of the participants

“Women Trafficking: Challenges and Strategies to Handle the Menace” conjointly with Society for Participatory Integrated Development (SPID) and Anyay Rahit Zindagi (ARZ) on 07 February, 2019 at its premises in Delhi. The objective of workshop was to create awareness among youth enabling them to combat with the epidemic of human trafficking.

Faculties and Students of various institutions actively participated and shared their thematic views in the workshop. A documentary on human trafficking titled “MANDI” was screened. Besides, panel discussion on prevention, rescue and rehabilitation of human trafficking was held by resource persons in the workshop.

## International Women's Day

08 March, 2019

Vishwa Yuvak Kendra celebrated the "International Women's Day" on 08th March, 2019 at its campus in Delhi. This programme is celebrated annually to boost morale of women for their achievements and mitigate present gender disparity in the society. Dr. Vasanthi Raman from Centre for Women Development Studies was the Keynote Speaker who shared her thematic views with the participants. Ms. Jyotsna Roy, Development Practitioner and Gender Rights Advocate, the Guest of Honor highlighted on role of women, existing discrimination and their empowerment. Ms. Lalitha S A, Vice President, SPID was the Chief Guest of the programme. She emphasized on status of Dalit women and their various types of exploitation after victimizing them under women trafficking in her inaugural address.

A pool of prominent speakers consisted of Dr. Alka Agarwal, Director, Mewar University, Mr. Rajnish Singh, Author, Founder and Managing Partner of Simply HR Solutions, Dr. Aparna Khanna, Associate Professor, Lady Irwin College, Univ. of Delhi, Dr. Mamta Sharma, Principal, Aditi Mahavidyalaya, Dr. G K Arora, Principal, B R Ambedkar College Univ. of Delhi and Sonia Choudhary, CHHANV Foundation highlighted on various thematic aspects. A Kavi Sammelan on various issues and challenges of women like female feticides and others was also performed by Mr. Gajendra Singh Solanki, Ms. Sonal Dahiya, Ms. Sumedha Sharma and Mr. Upendra Pandey. A total of 300 participants consisting majority of women belonging to NGOs and Academic Institutions of Delhi NCR enthusiastically joined the programme.



A group photograph of poets and resource persons

## National Youth Forum on Prevention of Drug Abuse

23 March, 2019

Vishwa Yuvak Kendra and Society for Promotion of Youth and Masses (SPYM) jointly organized a daylong youth awareness programme titled "National Youth Forum on Prevention of Drug Abuse" on 23 March, 2019 at its campus in Delhi. Dr Rajesh Kumar, Executive Director, SPYM addressed the participants and delivered an overview on consumption of drugs by youth being the

of Dr. Alok Agrawal, Assistant Professor, National Drug Dependence Treatment Centre and Department of Psychiatry, All India Institute of Medical Sciences, New Delhi, Advocate AnantAsthana, Advocate Rekha Koli and Advocate Ritu Desai. They took interactive sessions on Drugs and its Consequences and Rights of Children in Criminal Justice System respectively. Dr.



A glimpse of the distinguished dignitaries during inauguration

key Agents of Social Transformation. Shri Ramesh Negi, IAS, Chairperson, DCPCR was the Chief Guest of programme who shared his thematic views and motivated the participants in his inaugural address.

The Key thematic sessions were addressed by the eminent resource persons comprised

Rajesh Kumar shared the concluding remarks in valedictory session with the participants. 250 youths from various Delhi-NCR based NGOs and allied developmental Institutions actively participated in the programme. The programme was concluded with reciting the National Anthem by all present.

## State-level Programme

### Training Programme on “Role of NGOs/CSOs in Sustainable Development of Water Sanitation and Hygiene (WASH)”, Dindigul, Tamilnadu

03 - 05 January, 2019

With a view to generate awareness on Water Sanitation and Hygiene (WASH) and related issues among people, Vishwa Yuvak Kendra organized a three-day training programme captioned “Role of NGOs/CSOs in Sustainable Development of WASH”

conjointly with FANSA India, GTN Arts College, VAIGAI Trust and Peace Trust from 03 to 05 January, 2019 at Dindigul, Tamilnadu. 132 representatives of NGOs from Southern Region of India actively participated in the programme.



A glimpse of the inauguration

### Training programme on “Agro Entrepreneurship Development”, Tinsukia, Assam

15 - 17 January, 2019

Agriculture plays a key role in providing livelihoods to majority of rural people of our country. With this view, Vishwa Yuvak Kendra and Ramakrishna Seva Kendra jointly organized a three-day training programme titled “Agro Entrepreneurship Development” from 15 to 17 January, 2019 at Tinsukia, Assam. Shri Durga Bhumij,

Hon'ble MLA was the chief guest who inaugurated the programme and motivated the participants with his valuable ideas. The key thematic issues were deliberated by prominent speakers. 91 representatives from NGOs, CBOs, Vos and Farmer Producer Organizations of the state actively participated in the programme.



A glimpse of the inauguration

## Seminar on “Panchayati Raj Institutions”, Ranchi, Jharkhand

19 - 20 January, 2019

Panchayati Raj Institutions (PRI) is a landmark in the decentralized development as it envisions people's participation in the process of planning, decision-making,

implementation and delivery. The 73rd Constitutional Amendment Act, 1992 marked a new era in the democratic set up as it created PRI as tiers of self-governance



A glimpse of ongoing session



below the level of States in the federal set up. These Constitutional provisions provide for devolution of powers and responsibilities to three tiers of PRIs with respect to preparation of plans and programmes for economic development and social justice. With this idea, Vishwa Yuvak Kendra, Citizenship Development Society and Manthan Yuva Sansthan conjointly

organized a two-day seminar on "Panchayati Raj Institutions" from 19 to 20 January, 2019 at Ranchi, Jharkhand. A panel discussion on the theme was held by prominent resource persons. 100 participants comprised of Members of PRIs, Sarpanches and Ward Members from various regions of Jharkhand participated in the seminar.

## **Workshop on "Water Resource Management" Jodhpur, Rajasthan**

**22 - 23 January, 2019**

Vishwa Yuvak Kendra and Gramin Vikas Vigyan Samiti (GRAVIS) jointly organized a two-day workshop on "Water Resource Management" from 22 to 23 January, 2019 at Baap, Jodhpur, Rajasthan. The objective

of workshop was to sensitize participants and deliberate on various key thematic aspects. 132 participants from NGOs, CBOs and Students of Rajasthan participated in the workshop.



**A glimpse of the participants**

## **Training Programme on "Agro Entrepreneurship Development", Shillong, Meghalaya**

**29 - 31 January, 2019**

Vishwa Yuvak Kendra and All India Hope Line Charitable Welfare Youth Society jointly

organized a three-day training programme on "Agro Entrepreneurship Development"

from 29 to 31 January, 2019 at Shillong, Meghalaya. 116 representatives from NGOs, VOs and Farmer Producer

Organizations from Assam, Arunachal Pradesh and Meghalaya actively participated in the programme.



A view of the inauguration

## **Workshop on “Agro Entrepreneurship Development”, Thiruvananthapuram, Kerala**

**07 - 08 February, 2019**

Vishwa Yuvak Kendra and P N Panicker Foundation jointly organized a two-day workshop on “Agro Entrepreneurship Development” from 07 to 08 February, 2019 at Thiruvananthapuram, Kerala. Shri P Michel Vedasiromany, IAS, former Additional Chief Secretary, Govt. of Kerala inaugurated the workshop. He focused on development of Eco-friendly goods and services in his inaugural address. Dr. Kamalasanan Pillai, from Global Agri Export emphasized to invigorate green economy and employment through green technologies in the state.

Shri D Muralidharan Pillai, Retd., Diary Development Department delivered a technical address on Diary Development-one of the key areas of agrarian economy. Besides, eminent speakers highlighted on various thematic issues comprised of Dr. Sanjeev, Scientist-CTCRI, Shri M S Sasi, former Deputy Director, State Agriculture Department. They emphasized on high tech vegetable farming to promote livelihood. Smt. Jayasree, SFAC, CTC shared her thematic views with the participants. 80 NGO representatives engaged in agriculture actively participated in the workshop.



A glimpse of the inauguration

## Training Programme on “NGO Management”, Raipur, Chhattisgarh

07 - 08 February, 2019

Vishwa Yuvak Kendra and Social Organization for Community Health (SOCH) jointly organized a two-day training programme on “NGO Management” from 07



A glimpse of the ongoing session

to 08 February, 2019 at Raipur, Chhattisgarh. The programme was collectively inaugurated by Dr. Sunil Khemkha, Chairman, Narayana Hospital, Mr. Sampat Agrawal, Chairman, Nilanchal Mahasamund and Mr. Atindra Dubey, Social Worker. The dignitaries shared their thematic views with the participants during

inauguration. The key thematic aspects were addressed by salient speakers comprised of Mr. Sanjay Sharma from VANI, Mr. Ravi Netram from PATH and Mr. Tapan Kumar Daripa, Development Sector Expert. 96 representatives from NGOs, CBOs and government officials from Chhattisgarh actively participated in the programme.

### **Conference on “Smart Citizens: Citizenship and Fundamental Duties”, Gwalior, Madhya Pradesh**

**09 -10 February, 2019**

Vishwa Yuvak Kendra and Citizenship Development Society and Institute of Professional Studies conjointly organized a two-day conference on “Smart Citizens: Citizenship and Fundamental Duties” from 09 to 10 February, 2019 at Gwalior, Madhya Pradesh. Hon'ble MP, Shri Anup Mishra inaugurated the conference and motivated

the participants in his inaugural speech. Key thematic issues were deliberated by the representatives of partnering organization. Besides, other speakers also took interactive thematic panel discussion. 105 representatives from NGOs, CBOs and youth leaders from Madhya Pradesh joined the conference.



**A glimpse of the participants**

### **Training Programme on “Environmental Conservation and Protection”, Wardha, Maharashtra**

**11 - 12 February, 2019**

Vishwa Yuvak Kendra and Kamalnayan Jamnalal Bajaj Foundation (KJBF) jointly

organized a two-day training programme titled “Environmental Conservation and

Protection" from 11 to 12 February, 2019 at Sevagram - Gandhiji's Ashram, Wardha, Maharashtra. The objective of programme was to sensitize and capacitate participants to save environment.

A pool of eminent Environmentalists comprised of Dr. Tarak Kate, Shri Abhijit Ghorpade, Dr. Dhananjay Nevadkar, Smt. Sandhya Edlabadkar, Shri Mahedev Pachegaonkar, Shri Pradip Sharma and Shri Sanjay Patil highlighted on various key

thematic issues and challenges in their addresses. The participants were imparted training on various environmental aspects. Several panel discussions were held by eminent panelists on different thematic aspects i.e. Resources Conservation and Management, Environmental Issues, Global Warming, Livelihood, Sustainable Development. 100 representatives from NGOs, VOs and CBOs from Maharashtra state actively participated in the programme.



A glimpse of the inauguration

## Workshop on "Panchayati Raj Institutions", Ara, Bihar

15 - 17 February, 2019

Vishwa Yuvak Kendra, Rajendra Memorial Trust for Rural Development and Antyodaya Chetna Mandal conjointly organized a three-day workshop on "Panchayati Raj Institutions (PRIs)" from 15 to 17 February, 2019 at Ara, Bihar. The main objective of workshop was to inform participants on key thematic aspects and challenges of PRI. The

workshop was inaugurated by Shri Amrendra Nath Tripathi, District Judge, Bar Association, Ara. He emphasized on merits of Panchayati Raj in his address. Besides, Mr. Awadesh Kumar, Senior Journalist shared his thematic views with the participants as well.



**A glimpse of session**

A pool of prominent resource persons comprised of Dr. Ranjeet Kumar Sinha, DDM, NABARD, Shri Ramji Singh, Gandhian Scholar, Smt. Shushumlata, Panchayat Representative, Shri P K Dwivedi, Coordinator, Krishi Vigyan Kendra highlighted on different

key thematic issues like role and responsibilities of PRIs, role of women in development of Panchayati Raj System and analysis of PESA Act. 97 participants from NGOs, PRIs and academic institutions attended the workshop.

## **Training Programme on “Disaster Management and Risk Reduction”, Bhubaneswar, Odisha**

**18 - 20 February, 2019**

Vishwa Yuvak Kendra in association with Centre for Youth and Social Development (CYSD) organized a three-day training programme on “Disaster Management and Risk Reduction” from 18 to 20 February, 2019 at CYSD-DRTC, Bhubaneswar, Odisha. Dr Major Kalpana Das, Secretary, State Red Cross Society, Mr. Tushar Kanti Das, State Manager, Plan India and Mr. P K Sahoo, Chairman, CYSD collectively inaugurated the programme. The need and importance of programme was highlighted during inaugural address delivered by Dr. Major K. Das.

Thematic panel discussion and sessions were taken by renowned persons comprised of Mr. Indra Udayan, Renowned Gandhian, Bali, Indonesia, Mr. Bholanath Mishra Environment Specialist, OSDMA, Mr. Pravat Ranjan Mohapatra, Deputy Commissioner-Special Relief, Govt. of Odisha, Mr. Akshya Biswal, Chairperson and Mr. Manoranjan Behera from IAG, Md. Imran Ali, Faculty, BJB College, Mr. Jyoti Ranjan Mohapatra, Mr. Deepak Kumar Giri from Civil Defense and Mr. Madhusudan Das from NSS. Besides, Mr. Jagadananda, Mentor and Co-Founder and faculty members from CYSD motivated the

participants on few key thematic aspects. Former State Information Commissioner and CSO Initiative Member, NITI Aayog delivered the valedictory address. 114

representatives of NGOs, VOs, CBOs, faculty members and students from 15 districts of Odisha actively participated in the programme.



A group photograph of the participants

## Workshop on “Promoting Micro-entrepreneurship”, Visakhapatnam, Andhra Pradesh

19 - 20 February, 2019

Vishwa Yuvak Kendra and Bhagavatula Charitable Trust (BCT) jointly organized a two-day workshop on “Promoting Micro-entrepreneurship” from 19 to 20 February, 2019 at BCT campus, Visakhapatnam, Andhra Pradesh. The workshop was inaugurated by Mr. S Giridhar, Deputy General Manager, SBI, East Godavari District accompanied with representatives of BCT and Mr. Basant Mohanty, Ex-Program Officer, CYSD, Odisha. They highlighted on need and importance of programme during inaugural session.

Mr. Yeshaswi, NSRCEL, Mr. Mohanty and Mr. Murthy were the key resource persons of workshop who shared their thematic views with the participants. Mr. N Somayajulu, Central Coordinator and Mr. K Srinivas Rao Associate Coordinator, BCT also shared their thematic perspectives with the participants. Mr. M B Diwakar, Deputy General Manager, SBI was the chief guest of valedictory session of workshop. 96 representatives from NGOs, CBOs and entrepreneurs actively participated in the workshop.



A group photograph of the participants

## Training Programme on "Sustainable Development and Youth", Aizawl, Mizoram

21 - 22 February, 2019

Vishwa Yuvak Kendra and Center for Community Development through Network, Education, Research, Training, Resource Mobilization and Capacity (COD NREC)

jointly organized a two-day training programme on "Sustainable Development Youth" from 21 to 22 February, 2019 at Aizawl, Mizoram. The programme was



A resource person is addressing the participants



inaugurated by Mr. P U Lalhmachhuana, President, Mizoram Journalist Association accompanied with Dr. S R Zonunthara, Regional Director, IGNOU, Mizoram, Dr. J Malsawma, Assistant Professor, Department of Geology, Mizoram University, Mr. Laltlanzova Khiangte, Councillor, Aizawl Municipal Council, Mr. John Lalnunsanga, Project Managing Unit, Administration Department, Govt. of Mizoram and Mr. B Lalchhanzova Chairman, COD NREC.

The objective of programme was to sensitize and capacitate participants to promote sustainable development. The sessions of programme addressed by a pool of eminent resource persons were informative and interactive. 120 representatives from NGOs, CBOs, Youth Entrepreneurs, ICFAI University Youth Groups, enthusiastically participated in the programme.

### **Training Programme on “Environmental Protection and Conservation”, Dehradun, Uttarakhand**

**15 - 16 March, 2019**

Vishwa Yuvak Kendra and Daliyon Ka Dagriya (DKD) jointly organized a two-day training programme on “Environmental Protection and Conservation” from 15 to 16 March, 2019 at Dehradun, Uttarakhand.

Eminent speakers addressed on key thematic aspects during the panel discussion. 120 representatives from NGOs and educational institutes of Uttarakhand actively participated in the programme.



A glimpse of session

## **Workshop on “Engagement of CSOs/VOs and Youth in Promotion of Integrated WASH”, Jehanabad, Bihar**

**18 - 19 March, 2019**

Vishwa Yuvak Kendra and Gram Swarajya Samiti Ghoshi jointly organized a two-day workshop titled “Engagement of CSOs/VOs and Youth in Promotion of Integrated WASH” from 18 to 19 March, 2019 Jehanabad,

Bihar. A panel discussion on main thematic aspects was held by eminent resource persons. 100 representatives of NGOs and youth from various parts of state actively participated in the workshop.



**A glimpse of the participants**

## **Workshop on “Digitization: Need of the Hour to Voluntary Organizations”, Bengaluru, Karnataka**

**19 - 20 March, 2019**

Vishwa Yuvak Kendra and Federation of Voluntary Organizations for Urban and Rural Development-Karnataka (FEVOURD-K) jointly organized a two-day workshop titled “Digitization: Need of the Hour for Voluntary Organizations” from 19 to 20 March, 2019 at Bengaluru, Karnataka. Dr. Phinu Jose, Director, Centre for Social Action, Christ University, Bengaluru was the Chief Guest who inaugurated the workshop and

addressed the participants with his motivational address. Mr. Anjaneya Reddy, State President, FEVOURD-K along with other dignitaries addressed the participants on key thematic issues. Dr O P Goel, General Manager, CSR, BOSCH Ltd., Bengaluru was the Chief Guest in the valedictory session. 65 representatives of 12 districts of Karnataka actively participated in the workshop.



A resource person is being felicitated

## Training Programme on “Panchayati Raj Institutions”, Yamuna Nagar, Haryana

24 - 28 March, 2019

Vishwa Yuvak Kendra organized a five-day training programme on “Panchayati Raj Institutions” conjointly with Vardhan

Foundation and Citizenship Development Society from 24 to 28 March, 2019 at Yamuna Nagar, Haryana. The panel



A glimpse of the inaugural session

discussion on various thematic aspects was held by eminent resource persons. 54 representatives from PRI, Zila Parishad, Mandal Parishad, Gram Panchayat, Sarpanch, Ward Members, NGO, CBO, and

youth leaders from 7 States viz. Haryana, Punjab, Uttarakhand, Delhi, Uttar Pradesh, Madhya Pradesh and Rajasthan actively participated in the programme.

## **Training Programme on “Role of CSOs in the Promotion of SDG 3: Good Health and Well-being- Lifestyle Diseases”, Vellore, Tamil Nadu**

**26 - 28 March, 2019**

With a view to promote SDG 3 out of a set of 17 UN Sustainable Development Goals (SDGs), Vishwa Yuvak Kendra and Institute of Research and Development for the Rural Poor (IRDRP) Trust, Chennai jointly organized a three-day residential training programme titled “Role of CSOs in the

and Head, Radiation Oncology, CMC and Dr. Irudayasamy, Managing Trustee, IRDRP.

A pool of eminent medical experts highlighted on various key thematic aspects and shared the root causes and preventive measures to a number of prevalent life style



**A participant is posing query to the speaker**

Promotion of SDG 3: Good Health and Well-being- Lifestyle Diseases” from 26 to 28 March, 2019 at the Christian Medical College (CMC), Vellore, Tamil Nadu. The programme was inaugurated by Dr. Shantidani Minz, Prof. and Head, Rural Unit for Health and Social Affairs (RUHSA) - A Rural Community Health Care Programme of CMC in benign presence of Dr. Thomas Samuel Ram, Prof.

diseases with the participants. Besides, a group discussion on SWOT analysis was also held by the participants. Dr. Carol Devamani emphasized on NCDs and causes there for. Mr. Rajkumar, Consultant, UNICEF spoke on WASH, contagious diseases through water and impact on the Mother and Child care. 100 representatives of grass-root NGOs actively participated in the programme.

## **Training Programme on “Solid Waste Management for Rural Areas”, Guntur, Andhra Pradesh**

**27 - 28 March, 2019**

With a view to capacitate people to manage the solid waste and mitigate environmental degradation, Vishwa Yuvak Kendra and ASSIST jointly organized a two-day training programme on “Solid Waste Management for Rural Areas” from 27 to 28 March, 2019 at Guntur, Andhra Pradesh. Dr. M Sudhakara Rao, Additional Commissioner, PR & RD was the Chief Guest who inaugurated the programme and motivated the participants with his inaugural address.

Mr. Khadar Saheb, National SWM Expert was

the key resource person of the programme whereas Mr. Siva S Kasturi and Ms. Smitha Bhanu, State Project Coordinators who shared their thematic views with the participants. Mr. Suresh, Area Officer, ITC Limited and Mr. Jashti Ranga Rao, Operational Director, ASSIST stimulated the participants with their addresses. 110 representatives of NGOs, VOs and CBOs from 5 districts of Andhra Pradesh i.e. Krishna, Guntur, East Godavari, West Godavari and Vijayawada enthusiastically participated in the programme.



**A group photograph of the participants**

## **Workshop on “NGO Grant and Management”, Bhopal, Madhya Pradesh**

**28 - 29 March, 2019**

With a view to capacitate NGOs, Vishwa Yuvak Kendra and Indian Institute of Social Development jointly organized a two day workshop on “NGO Grant and Management” from 28 to 29 March, 2019 at Bhopal, Madhya Pradesh. The workshop was inaugurated by Mr. Arvind Pathak, Ex Lead District Manager, Bank of India in presence of representatives of organizers and NGOs. Dr. Balwan Singh, Ex.

Additional Commissioner, Tribal Welfare Department addressed the participants and highlighted the objectives of the workshop. Besides, other resource persons addressed the thematic issues and imparted training to participants. 100 participants from NGOs of some districts of Madhya Pradesh and Rajasthan actively participated in the workshop.



A group photograph of the participants

## Institutional Tie-up Programme

### Seminar on “Role of Youth in Disaster Management” Dindigul, Tamilnadu

04 January, 2019

Vishwa Yuvak Kendra and GTN Arts College jointly organized a daylong seminar on “Role of Youth in Disaster Management” on 04 January, 2019 at Dindigul, Tamilnadu. The objective of programme was to motivate

youth towards their prospective role in Disaster Management. 1687 students from several educational institutions of the state enthusiastically participated in the seminar.



A group photograph of the participants

## Seminar on “Role of Youth in Disaster Management”, Thiruvananthapuram, Kerala

06 February, 2019

Vishwa Yuvak Kendra, P N Panicker Foundation and National Service Scheme of University College of Engineering of Kerala University conjointly organized a daylong seminar on “Role of Youth in Disaster Management” on 06 February, 2019 at Thiruvananthapuram, Kerala. Advocate V S Harindranath, Former Member, Kerala Public

Service Commission welcomed the gathering and stressed on need of educating the youngsters on key aspects of Disaster Management in his address. Dr. S A Samitha, Principal, University College of Engineering appreciated the seminar. 800 students actively participated in the seminar.

## Seminar on “Women's Safety and Security”, Patna, Bihar

16 March, 2019

Vishwa Yuvak Kendra, Prem Youth Foundation and Sri Arvind Mahila College organized daylong seminar on “Women's Safety and Security” on 16th March 2019 at

shared their thematic viewpoints with the participants. Besides, Prof. Sadhana Thakur and other learned academicians of Sri Arvind Mahila College emphasized on laws of



A glimpse of the dignitaries during inauguration

Patna, Bihar. Ms. Dilmani Devi, President, State Women Commission, Bihar and Dr. Usha Jha, Principal, Sri Arvind Mahila College along with senior officials of seminar organizers inaugurated the seminar and

women safety and security and challenges before working women. 164 students of Sri Arvind Mahila College actively participated in the seminar.

## Integrated Community Development Programme

### Dental Health Checkup Camp, Vivekananda Camp

23 January, 2019

Vishwa Yuvak Kendra organized a Dental Health Checkup Camp on 23 January, 2019 at Vivekananda Camp. Dr. Deepankar Mishra and Dr. Ashish from Department of Oral Medicine and Radiology, Indian Academy of Oral Medicine and Radiology,

IDST Kadrabad, Modi Nagar, Uttar Pradesh diagnosed and treated the people. Besides, some people were offered with tooth pastes and tooth brushes to protect their teeth. A total of 110 patients were covered in the camp.



The community people are being registered

### Awareness Generation on Safe Drinking Water at Vivekananda Camp and Shankar Camp

06 and 08, February, 2019

Two Awareness Generation Programmes on Safe Drinking Water were organized by Vishwa Yuvak Kendra on 06 and 08, February, 2019 at Vivekanad Camp and Shankar Camp respectively. The people

were sensitized about importance of safe drinking water to lead to a healthy life. They were informed about methods for keeping the drinking water clean like usage of chlorine tablets, filter and boiling of water



etc. Besides, round of discussion was held by the facilitators so as to clear the doubts of

the participants.



The Group photographs of the beneficiaries

## Awareness Generation on Clean Drive at Vivekananda Camp and Shankar Camp

15 and 22 February, 2019

To promote the ongoing Swachh Bharat Mission, the people were sensitized about importance of cleanliness in their lives through organizing the Drawing Competitions on 15 and 22 February, 2019 at Vivekananda Camp and Shankar Camp respectively. The adolescents took active part in the Drawing Competitions and depicted their own ideas and messages

about Clean Drive with the colours and pencils. The drawings and posters prepared by them were ranked and awarded as Ist, IInd and IIIrd. Adolescents actively took part in the Drawing Competitions and impressed the people of both the communities on importance of the Clean Drive.



The Group photographs of the beneficiaries

## Special Health Camp on Skin Care

29 March, 2019

special Health Camp on Skin Care was organized on 29 March, 2019 at Vivekanand Camp. The objective of the camp was to sensitize on the issue and provide skin care with the people. Dr. P Srivastawa shared Do's and Don'ts for common skin diseases

with the people. Various skin diseases of people were diagnosed and treated during the camp. The special Health camp created a mass community health awareness among the people.



The Doctor is detecting the infection

## Other Activities

### Workshop on "Career Counselling"

01 February, 2019

Vishwa Yuvak Kendra organized a workshop on "Career Counselling" for the students of Class 10, 11 and 12 of N. P. Sr. Sec. School, Havelock Square, New Delhi on 01 February 2019. The Principal, Mr. Suresh Meena emphasized on the importance of making the informed decisions. Mr. Ritesh Jain,

eminent career counselor highlighted on multiple career options available. He encouraged the students to streamline their interests towards career by giving various "Career Aptitude Tests" available online. The workshop was interactive, awakening and informative.





**A glimpse of the participants during seminar on "Role of Youth in Disaster Management",  
Thiruvananthapuram, Kerala (06 February, 2019)**

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