Vishwa Yuvak Kendra (A Unit of Indian Youth Centres Trust)

# Youthorizons

# Quarterly **NEWSLETTER**

# Foreword

The second quarter of this fiscal year was very rewarding for Vishwa Yuvak Kendra as we tirelessly organized and executed numerous state-level programs, institutional initiatives, impactful awareness campaigns, and a wide array of in-house programs. These encompassed everything from capacity-building training programs to insightful seminars, each contributing to our mission in its unique way.

The quarter's main highlights stand as a witness to our commitment to positive change by way of an Exposure cum Capacity Building Training Program, which empowered our participants with valuable knowledge; the month-long celebration of Poshan Maah from September 1st to 30th, 2023, during which we raised awareness and advocated for nutrition and well-being; and Project Sashakt-2023, a monumental endeavor that has already begun shaping the future in a profound manner. These major programs have not only been successful but also deeply meaningful, enriching our team with valuable experiences and insights that will guide our future endeavors.

As we move forward into the next quarter and beyond, we are excited about the opportunities and challenges that lie ahead. We are already in the planning stages for several upcoming initiatives, including community outreach projects, skill development programs, and environmental sustainability campaigns. These initiatives align with our core values and mission to empower youth, foster positive change, and create a more inclusive and sustainable future.

With unwavering dedication, we look forward to building upon these achievements and continuing to make a positive impact on our community and society as a whole.

Uday Shankar Singh Chief Executive Officer Vishwa Yuvak Kendra

Youth horizons

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# Activities at a glance

## Training on Agro-Entrepreneurship Development

#### 4-6 July 2023

India, being predominantly agrarian, relies heavily on its agricultural and allied sectors, with approximately 70% of its population residing in rural areas, deriving their livelihoods from agriculture. Traditionally, agriculture in India was perceived as a low-tech industry, characterized by numerous small family farms that focused primarily on incremental improvements rather than embracing novel approaches. However, the past decade has witnessed a significant transformation in this landscape, driven by economic liberalization, evolving agricultural markets, and a rapidly changing society.

Vishwa Yuvak Kendra took a significant step towards empowering farmers by organizing a three-day training program in collaboration with the IRDRP Trust and Gramium, held at KVK, Puducherry. The primary goal of this training initiative was to sensitize and raise awareness among farmers, especially those who had limited exposure to new agricultural technologies and interventions. Hon'ble Shri Djeacoumar, Minister for Agriculture, Government of Puducherry, and Hon'ble Shri AK. Sai J Saravanan Kumar, Minister for Civil Supplies & Consumer Affairs, DRDA were the guests of honour.

The training sessions were not only informative but also practical, as participants were introduced to cuttingedge technologies such as drone technology and solar technology. They learned how these technologies could be applied in various aspects of agriculture, including seeding, weeding identification, and irrigation. The hands-on demonstrations provided valuable insights into how these innovations could revolutionize farming practices.

It was heartening to note that over 80 participants benefited from this program, gaining valuable knowledge and skills that have the potential to enhance their agricultural practices and improve their livelihoods.



Group photo of team members during the event



Hon'ble Shri. A.K. Sai J. Saravanan Kumar, Minister for Civil Supplies & Consumer Affairs, DRDA



Mr. Rajat Thomas during the session



## Seminar on Women's Safety and Security

#### 5-6 July 2023

Vishwa Yuvak Kendra, in collaboration with Chetana Child and Women Welfare Society (CCWWS), organized a comprehensive residential seminar held at Hotel Mahendra in Raipur, Chattisgarh on 5-6 July 2023. The primary objective of this event was to shed light on critical issues related to the security and safety of women in various aspects of life, including the workplace.

The seminar was blessed with the distinguished presence of Ms. Lalita Meher, Deputy Superintendent of Police, Raipur and Mr. Rajendra Kumar Vij, Retired Special Director General of Police, Chhattisgarh. Their valuable experiences and insights greatly enriched the discussions during the sessions.

The event featured renowned speakers from diverse fields, each contributing their expertise on various crucial topics. Sessions covered perspectives on the emergency response system and its implications in enhancing women's safety, as well as insights from the realm of information technology. The discussions delved into aspects of women's safety and security, providing attendees with a comprehensive understanding of these critical issues. Additionally, the roles of nongovernmental organizations (NGOs) and communitybased organizations (CBOs) in ensuring women's safety and security were explored, highlighting the vital role that these organizations play in safeguarding women's rights and well-being.

This seminar was a significant step forward in addressing the multifaceted challenges faced by women in today's society and fostering a collaborative approach involving NGOs, CBOs, law enforcement, and various stakeholders. More than 85 NGOs representatives from 19 districts from Chhattisgarh state participated in this event.



Ms. Lalita Meher, Deputy Superintendent of Police, Raipur being felicitated



Mr. Tapan Daripa, State Progrmme Manager, EAll Advisors addressing the participants



A group photo of the participants





Mr. Manjunath K. Programme Officer, VYK addressing the CSO representatives during the event

## Seminar on the Role of Youth in WASH

#### 7 July 2023

Water, Sanitation, and Hygiene (WASH) are fundamental components of human well-being and are vital for achieving sustainable development. Access to clean water, adequate sanitation facilities, and proper hygiene practices are essential not only for health but also for poverty reduction, education, gender equality, and environmental sustainability. However, despite significant progress in recent years, millions of people around the world still lack access to safe WASH services. Vishwa Yuvak Kendra, IRDRP Trust, Gramium & FANSA India jointly conducted a seminar on the Role



Dr. Narayanasamy, Secretary, SVMC, Puducherry being felicitated by team member

of Youth in WASH on 7 July 2023 at Sri Manakula Vinayagar Medical College & Hospital, Puducherry. This seminar aimed to shed light on the critical role of youth in shaping the future of the WASH sector. It recognized that youth engagement goes beyond tokenism and is, in fact, a cornerstone for sustainable development.

The event's success was attributed to the enthusiastic involvement of over 600 students, along with faculty members. Distinguished dignitaries and speakers, who are experts in their respective fields, shared their insights on achieving personal well-being.



Participants and team member posing during group photo

# Awareness Program on Prevention of Child Sexual Abuse

Child Sexual Abuse is a grave societal issue that demands unwavering attention and concerted efforts to protect one of the most vulnerable members of our community – our children. It is not only a violation of their rights but also has profound and lasting effects on their physical, emotional, and psychological well-being. In recognition of the urgent need to address this issue, Vishwa Yuvak Kendra, in collaboration with India is Calling Youth, organized an awareness program in



the heart of Kusumpur Pahari, New Delhi. The main objective of the awareness was to provide children with age-appropriate information about what constitutes appropriate and inappropriate physical contact and empower them by providing them with the knowledge and skills to recognize and respond to uncomfortable or abusive situations. Nearly 50 children attended the sensitization programme and gained knowledge from the same.



Vishwa Yuvak Kendra

# Special Health camp (Reproductive tract infections)

#### 20 & 27 July 2023

Reproductive Tract Infections (RTIs) in females represent a significant global public health concern, impacting women across age groups, socioeconomic strata, and geographical boundaries. RTIs encompass a diverse spectrum of infections affecting various components of the female reproductive system, including the vagina, cervix, uterus, fallopian tubes, and ovaries. Left untreated, these infections can lead to severe health consequences, underscoring the importance of awareness, prevention, and early detection in women's healthcare.

To address this pressing issue, Vishwa Yuvak Kendra organized one-day specialized health camps in the Bhaiyaram Camp & Vivekanand Camp New Delhi on 20 and 27 July 2023 respectively. The events were meticulously coordinated and witnessed active participation from community members, healthcare professionals, and dedicated volunteers from Vishwa Yuvak Kendra. VYK volunteer team diligently engaged with the community, conducting door-to-door visits in the camp area to identify potential participants based on preliminary symptoms. This proactive approach ensured the representation of women from all corners of the community in the health camp.

Dr. Prabhajot Kaur, a highly committed and experienced medical practitioner, led the health camp. She conducted a comprehensive orientation for the volunteers, imparting knowledge about Reproductive Tract Infections, treatment options, and guidelines for the proper use of prescribed medications. Dr. Kaur also provided individual consultations to each patient, conducting thorough assessments to diagnose and address their specific concerns.

The success of the health camps were greatly amplified by the active engagement of the community members from Bhaiya Ram Camp and Vivekanand Camp. A total of 132 participants attended both the camps and got benefited.



Glimpses from both awareness programs

# Training on NGO Management, Governance and its Compliance

#### 27-28 July 2023

Promoting transparent decision-making, accountability, and ethical practices are the pillars of a well-structured governance framework within NGOs. These principles not only strengthen the organization but also foster trust among stakeholders, donors, and beneficiaries, nurturing long-term partnerships that are essential to support the NGO's mission. In pursuit of this objective, Vishwa Yuvak Kendra, in partnership with the Federation of Voluntary Organizations for Rural and Urban Development- Karnataka (FEVOURD-K) organized a two-day State Level NGO Capacity Building Workshop on "NGO Governance, Management, and Sustainability" at Kalaburagi, Karnataka, on 27th and 28th July 2023. The main objective of the training was to enhance governance practices, effective resource management, promote the concept of ethical leadership and to popularize networking and collaboration among NGOs. The workshop witnessed enthusiastic participation from a diverse range of NGOs. Renowned experts and practitioners in the field of NGO governance and management conducted sessions and workshops. Their wealth of experience and insights provided participants with practical guidance and solutions that they could implement within their respective organizations. A total of 136 participants from 21 distiricts of Karnataka attended the training and learnt about the various aspects of NGO management.



Lighting the lamp during the inaugural session



Technical session going on

# Health Camp on WASH & Menstrual Hygiene 28 July 2023

Water, sanitation, and hygiene (WASH) form the foundation of public health and well-being, impacting various aspects of human life. Among the many critical connections, WASH plays a pivotal role in menstrual hygiene management for women and girls.

In response to the challenges faced by deprived sections of the society in practicing safe menstrual hygiene methods, Vishwa Yuvak Kendra, in collaboration with India is Calling Youth and the Freshwater Action Network South Asia (FANSA), organized a WASH and Menstrual Hygiene Awareness Camp in Sarvodaya Vidyalaya Senior Secondary School, Vasant Vihar, New Delhi. The main objective of the camp was to raise awareness raise awareness among students, teachers, and the broader community about the critical connection between WASH and menstrual hygiene and the impact on the lives of women and girls, empower participants with knowledge about proper menstrual hygiene practices, dispelling myths and promoting a stigmafree environment, and foster a sense of community involvement in addressing WASH and menstrual hygiene issues, encouraging collective action.

200 students attended the awareness generation programme and learnt about the theme.





Glimpses of the event

# 9 August 2023

Rapid urbanization, population growth, and the pervasive culture of consumerism have collectively birthed an ever-mounting waste crisis. Conventional waste management techniques struggle to keep pace with the sheer volume of waste generated, often leading to landfills overflowing with reusable waste, resulting in deleterious environmental consequences. The urgent need to address this crisis necessitates novel strategies that transcend the limitations of traditional waste disposal.

Recognizing the importance of managing waste as a valuable resource, Vishwa Yuvak Kendra organized a waste management awareness program titled "Waste to Wonder" in Vivekananda Camp, New Delhi on 9

August 2023 in Vivekanand Camp. The program aimed to raise awareness among community members about the environmental impacts of improper waste disposal and the potential for waste to be transformed into valuable resources.

Through initiatives like "Waste to Wonder," Vishwa Yuvak Kendra and its partners are working towards a more sustainable and environmentally responsible future. This program not only addressed the waste crisis but also fostered economic empowerment and a sense of purpose within the community, ultimately contributing to a cleaner, greener, and more prosperous society.

33 young residents of the community were made aware of effectively turning waste into useful products.





Some glimpses of the event

#### 39th Joint Staff Development Programme 2023

#### 10-13 August 2023

In India, where more than 700 million people live in areas experiencing high water stress, the challenges of climate change only exacerbate the situation. As climate change disrupts weather patterns, water availability becomes increasingly unpredictable, and the frequency of extreme events such as flooding and drought rises. These events not only strain water resources but also affect energy production and delivery facilities, causing supply disruptions and impacting critical infrastructure dependent on a stable energy supply. Furthermore, national demands for both water and energy are projected to surge significantly in the coming decades, adding to the complexity of these challenges.

Recognizing the imperative to address these interlinkages between water, energy, climate action, and their contributions to achieving climate-smart goals, the JSDP Partners network and India Office of KAS collaborated to advance knowledge on water and energy as integral components of climate action and the Sustainable Development Goals (SDGs). The 39th annual Joint Staff Development Programme (JSDP) focused on developing a sustainable network on SDG6 (Clean Water and Sanitation) and SDG7 (Affordable and Clean Energy) interlinkages, engaging stakeholders from all states, regions, and constituencies.

The workshop aimed to facilitate the exchange of experiences and best practices related to integrated approaches for water and energy in climate change mitigation and adaptation, as well as in promoting SDGs. 50 participants from different organisations of JSDP partner network actively participated in the programme.



VYK team being felicitated by IYD & KAS

39th JSDP Session is in progress

# Exposure-cum-Capacity Building Training Program on Agro-Entrepreneurship and Water Resource Management

#### 18-22 August & 22-26 Sept. 2023

In recent years, the agricultural landscape has undergone significant transformations due to factors such as climate change, urbanization, and technological advancements. These changes have necessitated a shift towards more sustainable and efficient agricultural practices, particularly in the domains of agroentrepreneurship and water resource management.

Recognizing the importance of equipping individuals with the knowledge and skills to navigate these challenges, Vishwa Yuvak Kendra, in collaboration with Bajaj Foundation, organized two Exposure cum Capacity Building Training Programmes on Agroentrepreneurship & Water Resource Management for NGO representatives from all across the country. The first batch visited Wardha during 18-22 August 2023 while the second batch visited during 22-26 September 2023.

The Exposure cum Capacity Building Training Programme on Agro-entrepreneurship & Water Resource Management aimed to achieve the following objectives:

• To provide participants with up-to-date knowledge

and insights into sustainable agricultural practices, agro-entrepreneurship, and water resource.

• To equip participants with practical skills, tools, and techniques necessary to implement sustainable agricultural practices and manage water resources effectively.

• To strengthen the capacity of individuals and communities to adapt to changing agricultural landscapes and make informed decisions for sustainable farming and water utilization.

• To foster innovation in agriculture and water management, encouraging participants to explore creative solutions to contemporary challenges.

The events were organized at Sevagram Ashram Pratishthan in Maharashtra. The first programme was inaugurated by Chief Guest Dr. Ashutosh A. Murkute, Director of Mahatma Gandhi Institute for Rural Industrialization (MGIRI) while Dr. Pankaj Bhoyar, Hon. MLA, Wardha, was the Chief Guest of the second programme. Shri Haribhai Mori, President-CSR, Bajaj Group was present on both the occassions.

Apart from discussing on the theme and watching presentation of the exemplary work being done in Wardha on agriculture promotion and water harvesting including water rejuvenation, the participants visited

various historical places in Wardha like Pavnar Ashram, Lamxinarayan Temple, office of Bachraj Trading Co., Bajajwadi, the first office of the Bajaj Group, Geetai Mandir, Vishwa Shanti Stupa and Bapu Kutir. Visit to these sites helped the participants understand the immeasurable contributions of Gandhi ji, Vinoba ji and the Bajaj Family to the nation's freedom struggle and rich history. The teams also visited various farms and interacted with farmers practicing natural farming. The participants also saw a check dam, which was created as a part of Bajaj Foundation's Design for Change (DFC) initiative. The project was a real eye opener as it demonstrated the potential of children to create social change. A total of nearly 200 participants attended both the batches, making the event a successful one.

By conducting such training programs, organizations like The Bajaj Foundation and Vishwa Yuvak Kendra contributed to building a cadre of skilled and knowledgeable individuals capable of driving positive change in agriculture and water resource management. These initiatives aligned with the broader goal of creating resilient, sustainable, and environmentally responsible farming practices to meet the challenges of the 21st century.



Dr. Ashutosh A. Murkute, Director of Mahatma Gandhi Institute for Rural Industrialization (MGIRI) being felicitated by Mr. Hari Bhai Mori, President-CSR,



Group Photo of Particpants at Gitai Temple, Wardha



Goroup photo of participants at Salaikala Check dam



Group Photo Staffs (Bajaj Foundation & VYK) at Wardha Office

## Seminar on Youth Empowerment and Leadership

#### 25 August, 2023

A Youth Empowerment and Leadership Seminar held on 25th August 2023 to address the need for youth empowerment and leadership development. The event aimed to equip young participants with essential leadership skills, foster personal growth, and encourage social engagement. It was jointly organized by Vishwa Yuvak Kendra and BIT Group of Institutions.

The seminar spanned a day, featuring a variety of sessions, and activities. Sessions were divided into leadership development, skill-building, and inspirational talks.

Participants were aware with effective leadership traits and how they can handle real-life issues accordingly. Mr. Suneel Keswani, a Motivational Speaker delivered inspirational talks on leadership and personal growth. He also spoke about communication skills, problemsolving, public speaking, and teamwork. Participants engaged in practical exercises to apply newly acquired skills. More than 226 students actively participated in the seminar and gained insightful information.



During the inaugural session

Group photo of participants

## Training on NGO Management, Governance and its Compliance

#### 24-26 August 2023

Non-Governmental Organizations (NGOs) play a crucial role in addressing social, environmental, and humanitarian issues worldwide. These organizations operate in diverse sectors, from healthcare and education to environmental conservation and human rights advocacy. While their missions vary, all NGOs share common challenges related to management, governance, and compliance. To navigate these challenges effectively, NGO professionals require comprehensive training and knowledge.

To address these issues, Vishwa Yuvak Kendra, in collaboration with Nav Bharti Jagriti Kendra, organized a three-day training program on NGO Management, Governance, and its Compliance from 26th to 28th



August 2023, at Hazaribagh, Ranchi. The initiative aimed to empower NGOs, their staff, and board members with the essential knowledge and skills required to navigate the complexities of modern-day nonprofit organizations. Through this training, participants were equipped to effectively address the challenges mentioned earlier, ultimately fostering stronger, more impactful NGOs that can drive positive change in their communities and beyond. The program brought together experts in the field, experienced practitioners, and passionate individuals committed to the noble cause of advancing the work of NGOs for the betterment of society. More than 60 participants attended the training and learnt important aspects of NGO governance.



Vishwa Yuvak Kendra

# Training Programme on Water Sanitation & Hygiene (WASH)

#### 01-02 Sept. 2023

In pursuit of achieving Sustainable Development Goal 6 (SDG-6) which focuses on ensuring clean water and sanitation for all, Vishwa Yuvak Kendra and the Indian Institute of Youth & Development (IIYD), in collaboration with FANSA India, organized a state-level NGO capacity-building training program on "Water, Sanitation, and Hygiene (WASH)." This two-day event, held at the Red Cross Bhawan in Bhubaneswar, Odisha, on September 1-2, 2023, aimed to empower youth and NGOs with the knowledge and tools necessary to contribute effectively to the advancement of WASH initiatives in the region. The event kicked off with an inspiring inauguration by our Chief Guest, Mr. Bibhuti Bhusan Pattnaik IAS (Retd.)- Honarary Secretary, IRCS,

Odisha State Branch. Mr. Haribandhu Behara, former Special Secretary to the Urban Development Dept. of the Govt. of Odisha shed light on various Govt. Schemes Participants gained a deeper understanding of WASH concepts, contributing to their ability to design and implement effective projects. Practical workshops equip participants with valuable skills in project management, hygiene promotion, and community engagement. The program facilitated networking opportunities, promoting collaboration among NGOs, youth groups, and experts in the WASH sector. Nearly 84 participants from across the 15 districts of Odisha state took part in the training programme.



During the book release of "Reaching the Unriched" (Odia Version) by the dignitaries



Active participation of the participants during the session

# Training on Skill and Entrepreneurship Development

#### 06-08 Sept. 2023

In today's rapidly changing economic landscape, the development of skills and entrepreneurship is paramount for individual empowerment and economic growth at both the micro and macro levels. The fusion of these two elements, skill development, and entrepreneurship, holds the key to creating a thriving ecosystem that fosters innovation, economic stability, and job creation. Against this backdrop, the need for comprehensive training on skill and entrepreneurship development becomes apparent.

Vishwa Yuvak Kendra in collaboration with Rural Education and Development Society-READS organized a three-day training program on Skill and Entrepreneurship Development at Villupuram, Tamil Nadu from 6-8 September, 2023.

With a focus on the specific needs and opportunities of the Villupuram community in Tamil Nadu, this threeday training program on Skill and Entrepreneurship Development sought to achieve the objectives including enhancing employability, fostering entrepreneurial skills, promoting economic inclusivity, encouraging community engagement, innovation, sustainable development, and networking. The collaboration between these organizations exemplified the power of partnerships in advancing the goals of skill and entrepreneurship development, aligning with the broader vision of creating sustainable and thriving societies. More than 80 articipants attended the programme.



Glipmses of the event

# Seminar on the Role of Youth in Entrepreneurship Development

#### 09 Sept. 2023

Youth represent one of the most dynamic and promising segments of any society. Their energy, creativity, and passion have the potential to drive innovation, economic growth, and social development. Recognizing the critical role that youth can play in shaping the future, seminars on the role of youth in entrepreneurship development are instrumental in harnessing their potential and empowering them to become active contributors to their communities and economies.

Vishwa Yuvak Kendra in collaboration with READS, Akilandeswari College organized a seminar on the Role of Youth in Entrepreneurship Development with the objective of empowering young minds and fostering a culture of entrepreneurship. This transformative seminar took place on September 09, 2023, at Akilandeswari College in an effort to address the unique challenges and opportunities faced by youth in entrepreneurship and inspire them to become proactive contributors to economic growth and community development.

The seminar was structured to encompass a range of activities and sessions that catered to diverse interests and learning styles including keynote addresses, interactive workshops, panel discussions, etc. Nearly 1000 students attended the programme.



A few glimpses of the event

#### **Training on Disaster Management**

#### 11-13 Sept. 2023

It has been observed that disasters – natural as well as manmade – have been increasing in frequency over the past few years. It is crucial for all individuals directly or indirectly affected by the impacts of disasters to understand their causes and consequences and to be adequately prepared to build resilience against such events.

With this objective in mind, Vishwa Yuvak Kendra (VYK), in collaboration with Cosmic Community Center (A part of United Religions Initiative (URI)) and Voluntary Action for Integrated Global Awareness and Innovation (VAIGAI) Trust, initiated a dialogue on this topic by way of a 3-day training programme on Disaster Management. The intention was to provide awareness on related subjects with the expertise of professionals in the field and in cooperation with relevant entities such as the State Disaster Management Authority, Agricultural University, like-minded NGOs, and more.

The entire training program was structured around a dynamic learning approach, which encompassed a diverse range of activities including interactive learning sessions, hands-on practical exercises, and enlightening field visits. Participants engaged in immersive sessions that combined theoretical knowledge with real-world applications, fostering a deeper understanding of disaster management concepts and practices. Nearly 70 participants from across the state participated in the event.



Glimpses of the event

# Project Sashakt-2023: NGO Capacity Building Training on Empowering Institutions and Professionals through Enhanced Knowledge on Skill Development

#### Module 1: Ecosystem of Skill Development & Entrepreneurship in India

#### 11-15 Sept. 2023

India's demographic transition is poised at a crucial juncture – presenting either a monumental opportunity or a significant concern depending on how its vast workforce is utilized. The growth and sustainability of any nation depend on skills and knowledge, yet, unfortunately, India lags behind in providing skill training compared to other countries. To increase India's national and international competitiveness, technical and vocational education must form the foundation for skill education in the country.

The skill gap is a major concern in India, with many graduates and job seekers lacking the necessary skills to meet the demands of the job market. Skill development can help bridge this gap and make individuals jobready. NGOs play a vital role in skill development, especially in marginalized and rural communities, where government initiatives and private sector involvement are limited. However, many NGOs may not have a complete understanding of the various aspects of skill development, such as the current policies, schemes, best practices, and the overall skill ecosystem. Therefore, there is a need to train NGO representatives on understanding skill development to enable them to design and implement effective training programs. To address the above issues, Vishwa Yuvak Kendra

with the support of Bosch India Foundation, organized

Project Sashakt – a two-module training series aimed to provide quality training to NGO representatives on various aspects of skill development programs.

The first module of the programme was conducted from 11-15 September 2023 with the aim of providing an overview of the current policies, schemes, and initiatives related to skill development in India, discussing best practices in designing and implementing effective skill development programs, including content development, training methodologies, assessment methods, and the importance of soft and life skills, understanding of the mechanism of impact assessment process of skill development initiatives. This training program included a combination of lectures, case studies, group discussions, and practical exercises. Experts in the field of skill development shared their experiences and insights. The training program was divided into multiple sessions, covering various aspects and overview of skill ecosystem/skill development and entrepreneurship promotion, etc., and was held over a period of five days. A total of 54 participants from 13 states participated in this module.



Mr. Ratan Agrawal, Head HR-Research & Development, Hero MotoCorp Ltd. during the inaugural session



*Mr. Shikhar Saxena, Head-Business Operations, MEPSC sharing his thoughts and ideas during technical session* 



Ms. Sakina Baker, Head-CSR, Bosch Limited & Bosch India Foundation during the inaugural session



Mr. Sunil Sharma, Chief Programme Officer, F-TEC being felicitated by team member of VYK



*Mr. Vikash Lal, Vice President, Operations-Generation India Foundation being welcomed by team members* 



*Ms. Gayatri Subramaniam, Director, Association for Women in Business sharing her views during the session* 



## Seminar on the Role of Youth in Waste Management

#### 14 Sept. 2023

Waste management is a critical concern in contemporary society, driven by rapid urbanization, population growth, and changing consumption patterns. The management of waste poses significant environmental, health, and economic challenges, necessitating a concerted effort to address these issues effectively.

Recognizing the urgent need for action, Vishwa Yuvak Kendra, in collaboration with the Government College for Women in Thiruvananthapuram, Kerala, and the Cosmic Community Centre (a part of the United Religions Initiative), organized a seminar on 'Role of Youth in Waste Management.' This collaborative initiative aimed to address the multifaceted challenges associated with waste management and foster a sense of collective responsibility for sustainable solutions.

The seminar brought together experts, scholars, policymakers, and local communities to share knowledge, experiences, and innovative approaches to waste management. Through keynote addresses, panel discussions, interactive workshops, and community engagement activities, participants sought to explore practical and sustainable strategies for waste reduction, recycling, and community involvement. More than 500 participants attended the training programme and got benefited.





Some Glimpses of the programme

# Seminar on Peace & Harmony: A Path to a Better World

#### 21 September 2023

In a world marked by rapid globalization, technological advancement, and increasing interconnectivity, the pursuit of peace and harmony has become an imperative goal for humanity. Peace and Harmony are the basic needs of any nation. Only if a nation enjoys peace and harmony would it be able to prosper. The Constitution of our country includes laws to ensure political and social equality among the citizens in order to avoid clashes and maintain harmony among its citizens.

Keeping in mind the relevance of peace and harmony in conflict resolution and holistic development of the society, Vishwa Yuvak Kendra organized a Seminar on 'Peace & Harmony: A Path to a Better World' on 21st September at VYK Campus, New Delhi. The seminar aimed to foster a deeper understanding of the significance of peace and harmony in today's world and explore ways in which individuals and communities can contribute to a more peaceful and harmonious global society.

The seminar provided a platform for dialogue, knowledge sharing, and collaboration among individuals, experts, and organizations committed to the principles of peace and harmony. By bringing together diverse perspectives, religious backgrounds and experiences, the seminar sought to explore innovative solutions and inspire concrete actions toward building a more peaceful and harmonious world. The seminar was a testament to the belief that, by working together, humanity can overcome its differences and pave the way for a better world where peace and harmony prevail. More than 160 youth participated in the event.



Glimpses of the seminar

# Poshan Maah

#### 1-30 Sept. 2023

Strengthening food and nutrient security is crucial to feeding the ever-growing world population. Millets supply superior nutrients and possess excellent climate resilience properties. Millets provide energy and nutrients for millions of poor people in low- and middle-income countries like India. In addition to a plethora of health benefits, millets require less water for cultivation and come with lower input costs. Therefore, promotion of millets could help attain the sustainable developmental goals (SDGs) of the United Nations (UN). Considering the importance the same, United Nations, at the best of Government of India, declared 2023 as International Year of Millets.

Taking cognizance of the role that millets can play in promoting food security and eradicating malnutrition, Vishwa Yuvak Kendra, along with SHODH and FANSA India, organized a special event called Poshan Maah for the entire duration of September 2023. Two regional partners of VYK - Milestone and India is Calling Youth - supported in this endeavor. The objective was to teach people about millets and their importance. The event had four parts: 1<sup>st</sup> Week - Learning about good food and why clean water is important. 2<sup>nd</sup> Week - Millets, how to keep food clean, and how to cook safely. 3rd Week - Clean water and staying healthy. 4th Week - Keeping food safe and clean. During the event, participants shared their knowledge about millets and how they can be cooked in tasty and nutritious ways. Many delicious recipes were exchanged, and people learned how to make milletbased dishes a part of their daily meals. The event also highlighted the importance of water cleanliness and sanitation in staying healthy. It emphasized that having clean water was crucial for preparing and consuming food safely. More than 3,304 people took part in the event and learned a lot from it.



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